HEALTHY MOMS. STRONG BABIES.

MARCH OF DIMES

FORSUPPORT



THE U.S. IS THE MOST DANGEROUS COUNTRY IN THE DEVELOPED WORLD TO GIVE BIRTH



2 women will die from pregnancyrelated causes today. And every day. 2 babies die every hour in the U.S. Pregnancy-related deaths have more than doubled over the past 25 years.

5 million women live in maternity care deserts – counties with no hospitals offering obstetric services.



A HIDDEN ISSUE

1 in **500**

youth under 20 in the U.S. have Type 1 diabetes.

1 in 285

will be diagnosed

with cancer before

their 20th birthday.



children is children in the U.S. diagnosed with an autism spectrum disorder (ASD) according to the CDC in 2018.

1 in 1 ()

babies is born too soon in the U.S.

Newborn deaths account for 40% of all deaths among children under 5.





THERE IS A HIGHER CHANCE OF MATERNAL DEATH OR PRETERM BIRTH BASED ON RACE/ETHNICITY

Women of color are up to 50% more likely to experience a preterm birth compared to white women.

Their children can face a 130% higher infant death rate.

In the U.S. black women have maternal death rates 3x higher than women of other races or ethnicities. American Indian/Alaska Native women experience the second highest rates of pregnancy-related deaths.



OUR VISION



WE IMAGINE A DRLD WHERE EVERY MOM AND **BABY IS HEALTHY REGARDLESS OF** WEALTH, RACE OR GEOGRAPHY.



OUR MISSION

MARCH OF DMESLEADS THE FIGHT FOR THE HEALTH OF ALL MOMS AND BABIES.





AN 80+ YEAR LEGACY





REACHING ALL MOMS AND BABIES



4,000,000 babies benefit from our research, vaccines, education, advocacy and breakthroughs



700,000 women and health care professionals are reached through our programs







HOW CAN YOUR CHAPTER ENGAGE MORE WITH MARCH OF DIMES?









Leadership Opportunities for your students and advisors through March for Babies, PAM and Personal Care Kits Raising awareness and brand visibility for FBLA-PBL out in the communities that you live and work by hosting events and gathering the community together

Community Impact giving your students the opportunity to grow as engaged citizens, learn about global issues that impact their communities and make real and lasting change

Grants provided to your chapters, and all the tools you need to execute any of the activities are turn-key and ready to implement



Ways FBLA and March of Dimes work together.....

VOLUNTEER

Service projects to engage your members volunteering in your school community



FUNDRAISE

March for Babies

DIY

Community Walks



AWARENESS

Prematurity Awareness Month



VOLUNTEER ENGAGEMENT OPPORTUNITIES

MARCH OF DIM



PERSONAL CARE KITS

What is it?

This activity puts together personal care kits for parents whose bables were bern too soon, or unexpertedly

These kits can make a huge impact on the well-being of parents whose babies are in the Neonatal Intensive Care Unit (NICU)/hospital site due to pregnancyrelated complications.

HOW YOU CAN DO IT:

- 1. Accign a lead: Assign a lead to this engagement and to liaison with March of Dimes.
- 2. Get connected: Connect with your March of Dimes staff contact listed at the bottom of this page to let them know you're interested in providing personal care kits to a NICU/hospital partner and signup.
 - · Your March of Dimes staff contact will reach out to the March of Dimes NICU Family Support Team/Market Staff to determine a hospital site in your area that you or your group can partner with. It's important to connect the March of Dimes staff contact
- first. Depending on the relationship with the site, you or your group might work directly with a contact at the hospital or through the local March of Dimes staff contact
- 3. Make a plan: Once you have a contact, check out the volunteer checklist on the back and start answering the first set of questions with your group of volunteers.
- 4. Define It: After you've answered the first set of questions and have an idea of what you'd like to do, reconnect with your primary contact and
- work through the second set of questions on the checklist. 5. Secure It: Purchase items or secure donations/gift cards as needed.
- 8. Do It: Pack or host a packing party and drop the kits off at the determined NICU/hospital site.
- 7. Celebrate: Send out thank you emails/notes to the people that participated and to the staff who helped at the hospital.
- 8. Be counted: Let us know you've taken this action and give us leedback by fill out this form.

Please note that each NICII/hospital partner has different requirements of volunteers. Some hospitals might require volunteer training to access the facility.

CONTACT Paty Gently PHONE (571) 257-1199 FOLLOW US ON O O O ENAME PGentry@MarchOlDimes.org

Why is it important? Becoming a parent can be an exciting and challenging time. But when mom and baby are in the Neonatal Intensive Care Unit (NICU) or at the

hospital unexpectedly, it can also become scary for families. Too many moms and dads are experiencing this today and a meaningful gift like this is impactful during one of the most uncertain times in a parent's life.

TOOLS

Collection Flyer + tags

Frequency: Year-round

Group Size: 5-10 volunteers

Support Program/hospital partner site

March of Dimes staff and NICU hospital staff



Volunteer Checklist Kit material list Surprise and delight ideas

KEY

Location: NICU Family

How: in conjunction with





A MOTHER OF A MOVEMENT

Join March for Babies to make a visible difference in your community now and for generations to come. You'll be part of a larger movement—with unstoppable momentum to make America a more equitable place and ensure that every mom and baby is healthy. March for Babies is also a time to honor the journey of building a family and creating a world of happy, healthy families.

March for Babies ignites conversations and supports issues that matter most to your employees, your customers and our community. It unites people with diverse backgrounds to create change and share their unique stories. *Your Members* can give hope and take action for all families by joining March for Babies: A Mother of a Movement and raising critical funds for March of Dimes.

TOGETHER WE CAN MAKE A DIFFERENCE

Our country is facing an urgent health crisis. The U.S. remains among the most dangerous developed nations for childbirth, especially for women and babies of color. Families in every community need champions like you now more than ever. Your members and March of Dimes can fight to improve maternal and infant health, and ensure that every mom and baby gets the care they need.

March for Babies is so much more than a fundraising walk. It's also a time to:







YEAR ROUND ENGAGEMENT CALENDAR

JUNE AUGUST JULY **SEPTEMBER** National March for Babies Day Father's Day March for Babies: A Mother **Celebrate Different Families** of a Movement National **NICU Awareness Month** National Breastfeeding (Pride Month) **Rally to Raise Virtual Back to School** Month Awards Day 5 6 NOVEMBER DECEMBER JANUARY **OCTOBER** March for Babies National Pregnancy and **Prematurity Awareness Registration/Launch** Infant Loss Day (10/15) Month Holiday season **Birth Defects Awareness** and Month • World Prematurity Day Help families in the NICU Month **Indigenous Peoples Day** Days of Gratitude 9 APRIL FEBRUARY MARCH MAY Mother's Day Step Up for **Rally to Raise starts** Mom's Challenge Black Maternal Health Week **Black History Month** Pep Up Rally for March for Maternal Mental Health Superhero Day/Week Babies: A Mother of a Local Lobby Day Month **Volunteer Appreciation** /#BlanketChange **Pre-eclampsia Awareness** Movement Week Week

March for Babies: A Mother of a Movement lets you show your community how much you value the health of all moms and babies throughout the year.



UNIQUE EXPERIENCES

March for Babies creates connection with customized challenges and team building activities to engage employees, families and friends of all ages, levels of your organization.

- March for Babies *Rally to Raise* experiences
- **FUNdraising competitions such as, Executive Challenge,** Family Cup Challenge and Industry Challenges
- Moving Meetings, activity-based challenges, scavenger hunts and MFB Bingo
- March of Dimes Icon Days and National Awareness Months:
- Select from list below and insert what is most appropriate based on time of year and what will resonate





ENGAGEMENT

March for Babies brings families and community partners who want to increase their sense of purpose, meaning and gratitude at work to learn about the health equity gap and how to be part of the movement for change.

Members volunteering with March for Babies:

A Mother of a Movement:

- Executive leadership roles and committees
- Ambassadors (internal and external)
- Raising critical funds for the mission
- Receiving advocacy alerts and being part of advocacy campaigns to create **#BlanketChange**

By engaging members with March of Dimes, we're able to provide educational opportunities, materials and support platforms for moms, dads and babies.

- **My NICU Baby App** (English and Spanish) provides information, ability to log milestones, etc.
- Share Your Story community platform to find comfort and support
- Medically-vetted information available on our websites in English and Spanish



A MOTHER OF A MOVEMENT

JOIN THE MOVEMENT!

March for Babies Getting Started

When you get your chapters involved in the March of Dimes, you help give all babies a healthy start.

- Register your chapters at your customized web page just for FBLA-PBL!
 www.marchforbabies.org/fbla-pbl
- Have your students set goals, create a strategic plan and lead the campaign
- This is a great leadership opportunity for your students!



M MARCH OF DIMES



March for Babies in Action

FBLA-PBL Individuals can get involved with social media, email and letter campaigns

Chapters can organize and facilitate activities in their communities:

- Coin Collection
- Carwash
- Bake Sale
- Mile of Dimes
- Pep Rally
- Purple Out





DO-IT-YOURSELF FUNDRAISING

- DIY puts the power in the hands of the supporter allowing them to create their own fundraiser by tapping into their talents and interests at any time they want
- START by creating a fundraiser at marchofdimes.org/DIY
- Pledge Your Day, Get Active, Honor a Loved One or Get Creative

BENEFITING



MARCH OF DIMES[®]



COMMUNITY WALKS

WHY START A COMMUNITY WALK?

Are there no March for Babies walks within 45 to 60 miles of you? Do you want to involve your family and friends, school, or place of worship in helping March of Dimes fight for moms and babies? Here's your chance!

The March for Babies Community Walk program lets you create a March for Babies walk to best fit your area's unique experience. It's yours to organize, fundraise for and design.

HOW DO I SIGN UP?

Let your March of Dimes staff partner know you'd like to lead a Community Walk or contact our Customer Support Team from the marchforbabies.org homepage or call 1-888-274-3711. Once we receive your completed application and signed agreement, we'll send you your community walk website link and information on the self-guided training modules.

*Additional supplies such as a volunteer training guide and a "walk in a box" kit will be mailed as well.



COMMUNITY WALKS AND DIY EVENTS

Chapters that do not have March of Dimes offices in their communities can still participate in March of Dimes by hosting a DIY event on their school campus or hosting a Community Walk and invite the community to participate and make an impact on their community.

For more information go to:

https://www.marchofdimes.org/volunteers/ volunteers.aspx





DONATION FORM ON FBLA WEBSITE





Donation Form

March of Dimes is a champion for families, fighting for the health of moms and babies in communities like yours and across the country. We believe that every baby deserves the best possible start. Unfortunately, not all babies get one. Our mission is to help give every baby a fighting chance. Every dollar makes a difference.

Please send form and your donation to: March of Dimes Donation Processing Center PO Box 18819 Atlanta, GA 31126

Please complete this form so that we can appropriately allocate your donation to your local market. Thank you for your support of the March of Dimes.

BLANKET CHANGE

RAISING NATIONAL AWARENESS

- Powerful multi-platform advocacy campaign launched in Oct. '18
- Cultivating awareness about urgent health crisis faced by moms and babies, inspiring action by demanding that Congress act now

THE #BLANKETCHANGE AGENDA:

- Prevent women from dying from pregnancy-related causes
- Require ALL health plans to cover people with pre-existing conditions
- Require ALL health plans to cover maternity and newborn care
- Ensure that new moms don't have to trade their maternal health benefits for affordable health coverage
- Prevent and treat preterm birth and ensure every baby is born healthy



OVER 700 WOMEN

die each year from complications related to pregnancy.

2 WOMEN

will die from pregnancy-related causes today. And every day.

50,000+ WOMEN

suffer life-threatening complications every year during pregnancy.

BLACK WOMEN

are over three times as likely as white women to die from pregnancy-related causes.

IT'S NOT FINE CAMPAIGN

- MOD's flagship public awareness campaign – bringing worsening maternal and infant health crisis in the U.S. to life
- Launched Nov '19 on World Prematurity Day
- Empowering women to not accept "You'll be fine" during pregnancy and postpartum
- Using Celebrity Advocate Council Ally Brooke, Nick Lachey, Porsha Williams, Tatyana Ali reach new audiences
- #ItsNotFine multiplatform (digital, print, social, TV)













IN SUMMARY

WITH YOUR HELP...

WE ADVOCATED ON 150+ STATE LEGISLATIVE BILLS

and helped advance the Newborn Screening Saves Lives Reauthorization Act of 2019.

WE FUNDED 5 STUDIES

to investigate how social policies impact birth outcomes, affecting moms and babies everywhere.

WE UNITED

on collective action to prevent prematurity and achieve health equity with **480 organizations** and more than **700 individuals**.

WE EXPLORED

electromyometrial imaging to "see" contractions as they happen to **help to reduce** the more than **380,000 premature births** each year.

WE EVOLVED

OUR SIX PREMATURITY RESEARCH CENTERS to a new model with

8 RESEARCH THEMES

29 AREAS OF INQUIRY

200+ RESEARCHERS

to bring real world solutions to millions of families in 2020 and beyond.

WE SUPPORTED

50K+ BABIES BORN TOO SOON in 69 hospitals with NICU Family Support[®].

WE EXPANDED GROUP PRENATAL CARE TO

40+ SUPPORTIVE PREGNANCY

across **19 states** so more women will get support services they need.

WE GENERATED

CAMPAIGN 950 real-life stories from women who were challenged not to accept the statement "You'll be fine" before and after pregnancy.

WE COLLECTED

THROUGH #UNSPOKENSTORIES 286 honest stories of pregnancy, parenting and loss that are too often unshared.



JOIN US IN THE FIGHT FOR HEALTHY MOMS AND STRONG BABIES.

A collective effort of researchers, medical professionals, government, advocates, community leaders, corporations and individuals is needed to reduce preventable preterm birth, maternal health risks and maternal and infant death

Your investment in March of Dimes will enable us to:

- Fund research to find the next intervention to reduce the premature birth rate
- Serve as the leader to advance solutions in communities across the U.S.
- Provide critical education and support to moms and families
- Mobilize our advocates and supporters for change
- And, ultimately, save the lives of moms and babies



